

## [HEALTHY VIETNAMESE RECIPES](#)



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Classic Vietnamese noodle soup typically takes hours to make, but this healthy pho recipe gets tons of flavor from cooking the aromatics and spices before adding the broth. Serve with hoisin, Sriracha and lime wedges.  
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Many Vietnamese dishes are perfect for hot weather. This simple noodle salad combines fresh herbs, rice vermicelli, cucumber, bean sprouts, and more, topped with grilled shrimp. Tossed with a tangy sweet and sour sauce, it's a simple and satisfying dinner.

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Vietnamese Chicken Vermicelli Salad Replace chicken with tofu and leave fish sauce. Find this Pin and more on nourish by Sarah Wilson. Delicious and authentic recipe for Vietnamese Chicken Vermicelli Salad; healthy, refreshing, and perfect for anytime!

<http://ebookslibrary.club/Best-25--Healthy-vietnamese-recipes-ideas-on-Pinterest--.pdf>

### **A healthy recipes vietnamese Official Site**

The difference is that healthy recipes vietnamese also contains antioxidants from the kale or spinach, omega-3 fatty acids from the hemp and flax seeds and collagen! It's perfect for a breakfast on the go or a mid-morning or afternoon snack. Be sure to mix the smoothie for at least a minute.

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We tried these Vietnamese recipes, and oh man, were they refreshing! We partnered these with a pitcher of iced milk tea I think I have found a new love. We partnered these with a pitcher of iced milk tea I think I have found a new love.

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